



**AMERICAN  
LEGION**  
**AUXILIARY**  
Missouri  
Girls State

April 15, 2025

Dear ALA Missouri Girls State Citizen and Parent or Guardian:

Congratulations on your selection as a citizen to the 2025 session of the American Legion Auxiliary (ALA) Missouri Girls State (MGS). The session will be held at Lindenwood University in St. Charles, MO, from June 21-June 28, 2025.

The Girls State program has been designed and sponsored by the American Legion Auxiliary since 1940. It is a unique learning experience for approximately 800 young women who have completed their junior year of high school. Citizens selected by the American Legion Auxiliary and high school educators will learn about our democracy through hands-on experience. Citizens will be challenged to use initiative and imagination to create their ideal city, county, and state government. Constructing a representative government from scratch is not easy. You will be challenged to voice your opinion but seek compromise with your fellow citizens. Overcoming that challenge will be difficult, but that's what makes participation in ALA Missouri Girls State worthwhile. If you get involved in the week's activities, you will leave ALA Missouri Girls State a more powerful young woman than when you arrived. You will know that you have the capability to change your school, your city, your county, your state, your country, and even the world for the better. You will have new energy and passion for your future. We look forward to watching you undergo this transformation.

Citizens must remain at ALA MGS for the entire session, which begins Saturday, June 21st, until the program's conclusion on Saturday, June 28th, at approximately 10:00 am. Students who leave ALA MGS before the last scheduled activity will not receive a certificate of completion for the program. This means the student cannot add ALA MGS to college applications and will not be eligible to receive college credit from Lindenwood University because the required hours of attendance have not been met. Exceptions to this rule are considered due to emergencies, and the ALA MGS Director reserves the right to grant such exceptions. Money will not be refunded to the sponsor or contributing organization if the citizen does not complete the entire program.

To be the most prepared for the session, we recommend the following plan of action. First, download and review this citizen information packet. Next, attend an orientation either in person or virtually (this is required by June 11, 2025). Also, utilize the ALA MGS app and read information sent to you in the app (including completing pre-session surveys). Lastly, read your "The MO You Know" weekly memos sent to your email address. Each one will give you tips to be the most prepared for the session.

If you have questions, please contact Linda Schaap, Dean of Admissions, at (816) 358-4541, or you may contact the program via email at [headquarters@missourigirlsstate.org](mailto:headquarters@missourigirlsstate.org). If you cannot attend, you must contact ALA MGS Headquarters at [headquarters@missourigirlsstate.org](mailto:headquarters@missourigirlsstate.org) **as soon as possible**. This will allow the ALA MGS Headquarters Staff to notify the local sponsors to allow an alternate to attend. Emailing your school counselor stating that you cannot attend does not notify the program. No refunds will be issued in these situations.

We look forward to meeting you and know that your stay at the American Legion Auxiliary Missouri Girls State will be an experience you will long remember!

American Legion Auxiliary Missouri Girls State Committee Members:

Macae Mickens, ALA MGS Director  
[headquarters@missourigirlsstate.org](mailto:headquarters@missourigirlsstate.org)

Tina Anderson  
[tina.anderson@missourigirlsstate.org](mailto:tina.anderson@missourigirlsstate.org)

Shanna Jelinek  
[shanna.jelinek@missourigirlsstate.org](mailto:shanna.jelinek@missourigirlsstate.org)

Patty Pink  
[patty.pink@missourigirlsstate.org](mailto:patty.pink@missourigirlsstate.org)

Whitney Nolan  
[whitney.nolan@missourigirlsstate.org](mailto:whitney.nolan@missourigirlsstate.org)

Kelsey Whitt  
[kelsey.whitt@missourigirlsstate.org](mailto:kelsey.whitt@missourigirlsstate.org)

Linda Schaap  
[linda.schaap@missourigirlsstate.org](mailto:linda.schaap@missourigirlsstate.org)

AMERICAN LEGION AUXILIARY



Summer 2025

Dear American Legion Auxiliary Girls State Citizen,

Congratulations on your selection to attend American Legion Auxiliary (ALA) Girls State. Attending ALA Girls State is an opportunity afforded to you because of your accomplishments at school and in your community. You were selected because of your leadership ability and character. You join more than one million women who have experienced ALA Girls State since 1937. Many have since become leaders in their communities, states, and across the nation. ALA Girls State presents not only a learning experience, but a chance to meet other students with the same high expectations for their future.

The American Legion Auxiliary Girls State program is a fast-paced immersion into experiencing government. Since this is a once-in-a-lifetime opportunity, we encourage you to embrace this experience to learn and grow. Now is the time to participate, get involved, run for office, make friends, write a bill, help on someone's campaign, and step out of your comfort zone. You will gain so much from your efforts, and you will have so much more fun being involved. ALA Girls State has the possibility to open doors for scholarships and entrance into military academies and colleges across the country.

America's veterans, and those serving currently in the military, are our true heroes; the sacrifices they and their families have given continue to allow us to live free. The American Legion Auxiliary is an organization of volunteers serving veterans and their families. The American Legion Auxiliary is proud to be the sponsor of this educational program, and we are excited to have you participate.

Your sponsoring American Legion Auxiliary Units have worked to send you to this program, and they will be excited to hear about your week. After your ALA Girls State session, please take the time to share your experiences with your family, friends and school, plus make a special point to thank the onsite volunteers and the American Legion Auxiliary members that sponsored your attendance.

Have a wonderful week! Remember to take pride in our country and its form of government and in yourself. Make the most of the week and embrace the opportunities. At the end of the week, we hope you will have lasting memories and valued friendships.

Congratulations & welcome to ALA Girls State!

Trish Ward  
National President  
American Legion Auxiliary  
2024-2025

Valerie Hardy  
National Chair, Girls Nation  
American Legion Auxiliary  
2024-2025



Dear American Legion Auxiliary Missouri Girls State Citizen:

The American Legion Auxiliary, Department of Missouri is proud and excited to welcome the 2025 citizens to the 83rd session of the American Legion Auxiliary Missouri Girls State.

My name is Shanna Jelinek, President of the Department of Missouri American Legion Auxiliary since July 2024. I live on my family's farm in southwest Missouri. I have been a proud member of the American Legion Auxiliary since I was a little girl. The mission of the American Legion Auxiliary is to support The American Legion and honor the sacrifice of those who serve by enhancing the lives of our veterans, military, and their families. We advocate for veterans, educate our citizens, mentor youth, and promote patriotism, good citizenship, peace, and security. As one of the many programs of the American Legion Auxiliary, Missouri Girls State gives our young women the opportunity to participate in a valuable, patriotic experience to learn the workings of our government.

I have served on staff at ALA Missouri Girls State for over 15 years and am currently the Dean of Operations. I am looking forward to a fun, informative, and productive session at ALA Missouri Girls State. We are excited that you are here and willing to participate in our 83rd session. The American Legion Auxiliary feels it is essential to help develop young leaders who will keep our Nation strong.

My project for ALA Missouri Girls State this year is the Veterans Community Project (VCP) located in St. Louis and Kansas City. VCP is a specialized community that serves homeless and at-risk veterans with "Tiny Homes," wrap-around services, and emergency assistance. Our goal is to sponsor a VCP tiny home on behalf of the 2025 ALA MGS citizens by raising enough money to furnish a tiny home. If you are willing, please bring a monetary donation or item listed on the VCP wishlist to assist the Veterans Community Project here in Missouri. Both the wishlist and the monetary donation link will be available on the ALA MGS website (and in email communications) after May 1st, 2025. In keeping with the mission of the American Legion Auxiliary of "Service Not Self" - **together**, we can make a big impact in the lives of those who served to maintain our freedoms.

My theme for this year is "Remember Your Why". In other words, what motivates you to do what you do. My "why" is supporting veterans and their families. I want you to find your "why" this week and leave with the tools to help keep your own "why" important.

Welcome to ALA Missouri Girls State! I am looking forward to seeing you in June!

Yours in Service,

Shanna Jelinek, American Legion Auxiliary  
Department of Missouri  
President 2024-2025



**REMEMBER YOUR WHY**  
AMERICAN LEGION AUXILIARY  
DEPARTMENT OF MISSOURI

## Table of Contents

General Information.....	5
Orientation.....	5-6
Website & Social Media.....	7
First Aid.....	7
Medical Conditions.....	7-8
Dietary Restrictions or Preferences.....	8
Security.....	8
Emergency Numbers.....	9
Housing.....	9
Cell Phones.....	9
Mail.....	9-10
Session Completion.....	10
Talent Show and Soloists.....	10
Events for Families and Guests.....	10-11
Transportation.....	11
Schools of Instruction.....	11
College Credit.....	12
How much money will you need?.....	13
Dress Code.....	14-15
Arrival at Missouri Girls State.....	16
What Not to Bring to ALA MGS.....	17
ALA MGS Packing List.....	18
Lindenwood University Maps.....	19-20
Code of Conduct.....	21
Model City.....	23
Parks and Rec.....	23
Campaign Rules.....	24
Samsung Scholarship.....	25
Required Paperwork to be turned in at ALA MGS Registration.....	26
ALA Missouri Girls State 2025 - Health Form and Release of Liability.....	27-28
American Legion Auxiliary Missouri Girls State 2025	
Program Policy Form.....	29-30
American Legion Auxiliary Girls Nation.....	31

## General Information

ALA MGS is divided into eight counties, each of which has two cities. A city consists of approximately 40-50 citizens. Citizens will be divided into two wholly fictional political parties, Nationalists and Federalists. During the week, citizens will participate in elections and City, County, and State activities. More information can be found in the FAQ section of the website at [www.missourigirlsstate.org](http://www.missourigirlsstate.org).

Communication updates will be provided to all citizens via email weekly from late April through June. Please check your junk or spam folders for the email address "[director@missourigirlsstate.org](mailto:director@missourigirlsstate.org)" to ensure you haven't missed email communication. This "ALA MGS Memo: The MO You Know" email is crucial for being prepared and updated throughout the weeks leading up to ALA MGS 2025.

## Orientation

Each citizen must attend an orientation prior to ALA Missouri Girls State. The ALA Missouri Girls State program has provided two options for citizens to complete the mandatory orientation process. We acknowledge that many families feel more comfortable attending an in-person orientation and have scheduled many orientations across the state for this purpose. We also understand that not all citizens can travel to one of these in-person options, so there are also scheduled online orientation options. In the Code of Conduct that you acknowledged when applying for ALA Missouri Girls State, we note the requirement of completing an orientation before June 11, 2025, to attend the program. To complete this requirement, each citizen must follow the steps outlined below:

- Attend an in-person orientation at one of the scheduled events listed below.
- If you cannot attend in person, seven online opportunities will be available for all citizens. These will be conducted in a Zoom meeting that the citizen must attend for the duration of the meeting (approximately 1 hour). The links for the online orientation are available on our website at [www.missourigirlsstate.org](http://www.missourigirlsstate.org) under "2025 Session Info."

Should any selected citizens not meet the requirement of completing the orientation by June 11, 2025, only alternates who have completed the same requirements will be asked to fill their spots. Failure to complete the orientation process (in person or virtual) is an automatic forfeit of your opportunity to attend ALA Missouri Girls State 2025. Your school or ALA Unit sponsor will be notified should you fail to meet this requirement.

# 2025 Orientation Schedule

All ALA MGS Citizens are required to complete an orientation by June 11th, 2025. We recommend attempting to attend an in-person orientation if your location and schedule allows. If not, you can attend one of the seven online orientation options (across six different dates listed below). The online orientations will be held via a zoom meeting and the citizen must stay online for the duration of the meeting. The links for the online orientation are available on our website at [www.missourigirlsstate.org](http://www.missourigirlsstate.org) under "2025 Session Info."

<b>Sunday, April 27th, 2025</b>	1:00pm –Lindenwood University – Spellmann Center Anheuser-Busch Leadership Room (4 <sup>th</sup> floor) John Weber Drive - St. Charles, MO
<b>Wednesday, April 30th, 2025</b>	6:00pm - Online Orientation
<b>Thursday, May 1st, 2025</b>	6:00pm – American Legion Post 287 501 E. Price Ave. - Savannah, MO
<b>Sunday, May 4th, 2025</b>	1:30pm - Disabled American Veterans Building 14605 E US Hwy 40 - Kansas City, MO 64135
<b>Monday, May 12th, 2025</b>	6:00pm – Poplar Bluff High School Library 3209 Oak Grove Rd. - Poplar Bluff, MO 63901
<b>Tuesday, May 13th, 2025</b>	5:00pm - Online Orientation
<b>Sunday, May 18th, 2025</b>	3:00pm - Online Orientation
<b>Tuesday, May 27th, 2025</b>	6:00pm – American Legion Post 58 2607 State Route 92 - Smithville, MO
<b>Tuesday, May 27th, 2025</b>	6:00 pm – Springfield-Greene County Library Center 4653 S Campbell Avenue - Springfield, MO
<b>Thursday, May 29th, 2025</b>	7:00pm – Truman State University Del and Norma Robison Planetarium 100 E. Normal Ave. - Kirksville, MO 63501
<b>Thursday, May 29th, 2025</b>	7:00pm - Online Orientation
<b>Sunday, June 1st, 2025</b>	4:30pm –Lindenwood University – Spellmann Center Anheuser-Busch Leadership Room (4 <sup>th</sup> floor) John Weber Drive - St. Charles, MO
<b>Monday, June 2nd, 2025</b>	1:00pm - Online Orientation
<b>Sunday, June 8th, 2025</b>	4:00pm – Roscoe Enloe American Legion Post 5 1423 Tanner Bridge Rd. - Jefferson City, MO
<b>Wednesday, June 11th, 2025</b>	12:00pm & 5:30pm - Online Orientation (two time options) <b><u>FINAL OPTIONS FOR ORIENTATION REQUIREMENT</u></b>

## Website & Social Media

Visit [www.missourigirlsstate.org](http://www.missourigirlsstate.org) for more information, including the “2025 Session Info” link. Throughout the week of ALA MGS, we will post news, election results, pictures, and other information on our social media and on our ALA MGS website under the blog section.

- Facebook: ALA Missouri Girls State (<https://www.facebook.com/mogirlsstate>)
- X (Twitter): @ALAMOGirlsState
- Instagram: ala.missourigirlsstate

We use our social media pages to provide updates regarding the program and its activities during the week of ALA Missouri Girls State 2025. Still, we will not respond to individual requests for photos of specific cities, citizens, etc.

## First Aid

ALA MGS has volunteer first aid staff available during the program. It is the citizen’s responsibility to report any illness or injury to their city counselor immediately. The city counselor will work with the house mom assigned to the citizen’s residence hall to provide basic assistance in a timely manner (ice packs, Band-aids, Sprite, crackers, etc.). Over-the-counter medication (Tylenol, Tums, allergy medication) can be purchased in the ALA MGS shoppe to assist with unanticipated needs during the session.

Should emergency medical care be needed, parents will be notified immediately. The citizen will be taken to the SSM Health St. Joseph Hospital emergency room in St. Charles for evaluation and treatment or to the nearest urgent care clinic.

Medical information should be completed in case of illness or the need for emergency treatment. All prescription medications will be kept with the individual citizen unless coordinated with ALA MGS before the session.

## Medical Conditions

It is imperative that the ALA MGS nurses and staff be made aware of any medical issues with the citizens. A pre-session survey is available to you in the ALA MGS app. This survey includes a question regarding any accommodations and health concerns related to the citizen. If the citizen has a medical concern and you did not include it in the survey, please notify us by contacting [health@missourigirlsstate.org](mailto:health@missourigirlsstate.org). This will allow us to work with the citizen and her family as well as the University should any necessary accommodations need to be made.

Please understand that attendance at ALA MGS can be physically and mentally strenuous, so we want to ensure the environment is safe for all of our participants. Citizens and staff must walk to various locations at multiple times of the day. This can include longer distances across campus and in various weather conditions (heat, rain, etc). **Medical conditions must be disclosed to the ALA MGS program via the app by June 1, 2025.**



***If a medical condition arises between June 1 and the beginning of the session, inform us as soon as possible so we can arrange necessary accommodations.***

## **Dietary Restrictions or Preferences**

Dietary Restrictions or Preferences (including gluten-free, diabetic, food allergies, etc.) should also be reported to ALA Missouri Girls State so arrangements can be made with Lindenwood University food services. A salad option and/or a vegetarian option will be available for all citizens at all meals and do not need to be reported to the nurse.

A pre-session survey is available to you in the ALA MGS app. This survey includes a question about your dietary restrictions. Any citizen with dietary restrictions or preferences should also stop by the dietary table at the Spellmann Center following registration in your residence hall. This allows ALA MGS to ensure that the citizen's needs are met. ***Dietary restrictions and/or limitations must be disclosed in the pre-session survey on the app. If you did not include it in the survey, email [health@missourigirlsstate.org](mailto:health@missourigirlsstate.org) by June 1, 2025.***

## **Security**

Citizen safety is of utmost importance to us. Missouri State Highway Patrol Troopers are assigned to provide security and instruction during the week. All outside doors to the residential halls will be locked 24 hours a day, and only ALA Missouri Girls State staff and counselors will have the ability to open the residential halls. Citizen rooms will remain unlocked during the week, as keys will not be issued to each citizen.

Please do not bring large amounts of money, expensive jewelry, or electronic devices. Please leave your computers, iPads, etc. at home. Lindenwood University has guest wi-fi access available for citizens to utilize via their smartphones. No wi-fi logins or passwords will be shared beyond the guest access for the University. If a special situation involves needing to keep an expensive item with you at ALA MGS, items can be stored in the City Counselor's room and will remain locked. However, the City Counselor, ALA MGS, and Lindenwood University will not be held responsible for that item.

ALA MGS citizens and staff are only permitted in designated campus buildings as listed in the 2025 session schedule. Lindenwood University will have other events taking place on campus, and the ALA MGS program is not to interfere with university classes and events during our time on campus. Additionally, the schedule has been created to allow ALA MGS citizens and Missouri Boys State (MBS) citizens to alternate or share the use of non-residential facilities during the week.

Each citizen will receive a nametag on the first day of the session following registration. It must be worn at all times. If the nametag is lost, report it to a counselor immediately, and a replacement will be made.

## Emergency Numbers

- Director's office: 628-252-6471 (628-ALA-MGS1)  
week of ALA MGS only – ***will not be answered during assemblies or in the middle of the night***
- Lindenwood University Campus Security: 636-949-4911

## Housing

All citizens and most ALA MGS staff are housed in campus residence halls. The setup for each residence hall can vary, however, could include: suite housing (2-3 citizens to a room sharing one bathroom), community bathrooms, elevators, or walk up (no elevators). It is important to keep the possibility of housing assignments in mind while packing for the week. Please ensure you pack for all dorm possibilities. If you have specific mobility concerns as it relates to housing, please be sure to answer as such in the pre-session survey on the app. While the exterior of the building is locked, no keys will be distributed to the individual rooms to ALA MGS citizens. The plan for housing is subject to change and will be communicated to all participants prior to arrival if a change is necessary.

Lindenwood University will not provide bedding to ALA MGS citizens. Citizens will need to bring their own sheets, blankets, and pillows. The beds are extra-long twin size (approximately 4 inches longer than a regular twin), but the mattresses are not very deep. Most regular twin-size sheet sets will fit the beds.

## Cell Phones

Cell phones are a great way to stay in contact with family, and citizens can bring them to ALA MGS. Some classroom activities, meetings, and other events may allow you to use your cell phone. Citizens are also allowed to use cell phones outside the classroom, but they should not be disruptive to the educational goals of planned activities, meetings, and assemblies. If an instructor, counselor, or other staff member asks you to put your phone away, please do so. Repeated disruptions could cause the phone to be confiscated and placed with the ALA MGS Headquarters office for the week, and you will only be able to use your personal phone during your free time by visiting ALA MGS Headquarters. It will be returned at the end of the week.

The ALA MGS program also has an interactive app for citizens and staff to use as they prepare for and during the session. It will be helpful for all participants to have the ability to use the app during each day of the session. The ALA MGS program recognizes that not every citizen will have a smart phone with access to the ALA MGS app. Information disseminated on the ALA MGS app will also be made available to citizens through other means.

## Mail

Citizens enjoy receiving mail and care packages from home. Our website and social media accounts will provide a mailing address closer to the session start date.

\*It is suggested that you send mail from home on Monday or Tuesday, not later in the week. \*\*Please note

that mail not received by the end of the session will not be forwarded. It *may* be returned at the expense of the sender or recipient.

## **Session Completion**

Please come to ALA Missouri Girls State prepared to make new friends from all over the state, experience a stimulating and exciting eight days, and become involved. Upon completion, each citizen will be given a 'Certificate of Completion.' A copy of this certificate is frequently required by a college or university as verification for scholarships or special considerations which the citizen is applying for. If the certificate is lost, a fee of \$10.00 will be assessed for a duplicate.

It is an honor to be selected for the American Legion Auxiliary Missouri Girls State. This honor carries with it a responsibility to those who are sponsoring you and to your community. Citizens who leave the program before the last scheduled activity will not receive a certificate of completion for the program, cannot add ALA Missouri Girls State to college applications, and will not be eligible to receive college credit from Lindenwood University because the required hours of attendance cannot be met. Money will not be refunded to the sponsor. The ALA MGS Director retains the right to grant any exceptions.

## **Talent Show and Soloists**

The Girls State Talent Show will be on Wednesday evening. Auditions will be submitted via video beginning May 15 and will continue to be accepted through the Sunday night of Girls State (June 22nd). The video needs to be of the exact act you plan on performing. Please be sure to wear your costume in your video if you are wearing one for the performance. You can submit your audition via email to ALA MGS Music Director Miss Lynnea at [lynnea.wootten@gmail.com](mailto:lynnea.wootten@gmail.com). When you submit, please include the title of your song and artist and the music you would need if chosen to perform. This music should be submitted in an MP3 format. If your music is too large to attach to an email, please share the music via a Google Drive link.

Past acts have included singing, dancing (tap, ballet, jazz, and pointe), cheerleading or pom-pom routines, twirling, flags, juggling, instrumental music, piano, dramatic or humorous monologues, inspirational readings or poems, and other creative ideas. Any person submitting a talent show audition should bring the necessary performance items with them to ALA Missouri Girls State.

ALA MGS also allows citizens to play the piano for the National Anthem during some assemblies. If you are interested in playing as an accompanist, please notify Miss Lynnea via the email above.

## **Events for Families and Guests**

There is one event during the week of ALA Missouri Girls State that family members and guests of ALA MGS Citizens may attend. This event is the closing ceremony on Saturday morning. It will be held in the Scheidegger Center for the Arts on the Lindenwood University campus. More details about the time of this event will be released closer to the session. Seating is limited and will be granted on a first-come, first-served basis. We will

do everything possible to livestream the event and all of those announcements are also available on our social media channels.

## Transportation

The American Legion Auxiliary Missouri Girls State and The American Legion Missouri Boys State programs have combined efforts to provide transportation opportunities to and from the session via charter buses. The bus service is free to citizens to ensure access to the ALA MGS and MBS programs.

Bus transportation is provided for all ALA MGS and MBS citizens who live more than a 90-minute drive to Lindenwood University. Citizens who live more than 90 minutes from ALA MGS may arrange their own transportation if they wish and are not required to ride the bus. The option to sign up for bus transportation will be included in your pre-session survey sent to you in the ALA MGS app. Designated departure locations **currently** include Cameron, Macon, Kirksville, Joplin, St. Robert, Columbia, Jefferson City, Dexter, Cape Girardeau, and Independence (this is subject to change based on interest). You will be asked to indicate your first and second departure location choices. ALA MGS will then communicate assigned departure locations to citizens no later than June 11, 2025. **\*\*Please note that we work based on responses to your pre-session survey to determine transportation needs. Your departure/arrival assignment may not be your first choice, but what works best for maximizing capacities for our buses.** Bussing requests must be responded to in the app as quickly as possible.

We would prefer that citizens not drive themselves to ALA Girls State; however, if parents decide this is the best mode of transportation, some rules must be followed. Upon arrival, the citizen must turn in the car keys to their city counselor and fill out a form with a vehicle description. The Highway Patrol will hold the keys. They will monitor the car throughout the week. Because the citizens go to bed late and are up early every morning, they are very tired by Saturday. ALA MGS advises parents to seriously consider the situation of citizens driving themselves to and from the program.

## Schools of Instruction

Each citizen must enroll in one of the nine classes held daily from Sunday through Thursday. These classes will be introduced and explained in the orientation assembly on Sunday morning. Each class will have an exam on Friday. Class choices will include the School of Commerce, the School of Journalism & Media, the School of Education, the School of International Affairs, the School of Law, the School of Law Enforcement, the School of Legislative and Executive Policy, the School of Local Government, and the School of Campaigning and Political Operations.

Most of the ALA MGS Schools of Instruction have a complimentary governmental activity during the week. For example, students in the ALA MGS Law School have the opportunity to try lawsuits in the ALA MGS Court System.

## College Credit

ALA MGS has partnered with Lindenwood University to offer you an opportunity to earn college credit at ALA MGS. Each citizen will choose to attend one of nine schools of instruction during ALA MGS.

Passing a final exam and participating in ALA MGS may make you eligible for college credit from Lindenwood University. *These are not automatic credits for attending ALA MGS.* The exam scores and online participation forms (completed by each citizen) are given to the University, and they evaluate each citizen's record for the week to determine eligibility for college credit. The University will make this determination at the end of July 2025, and you will receive notification of your eligibility for credit via email and text message, both of which will be sent using the information you have provided ALA MGS.

It is YOUR obligation to apply for these credits if you are eligible. The deadlines vary depending on the college credit option (2 credit hours or 3 credit hours). Please check Lindenwood's college credit letter and supplementary syllabi on the ALA MGS website under "2025 Session Info" for more information about those deadlines. For 2025, Lindenwood's tuition for ALA MGS participants is \$100 per credit hour (over a 75% discount on Lindenwood's undergraduate tuition rate). You will pay the transcript fee to have the transcript sent to the college of your choice. This is not an automatic credit; it will be up to your college of choice to accept or reject the credits. There is more information on college credit, specific deadlines, and transferring the credit to other institutions on the ALA MGS website, along with Lindenwood University's contact information if you have additional questions about college credit.

***We recommend each ALA MGS citizen review this information about college credit with the citizen's parent/guardian.***

## How much money will you need?

1. Taxes: All citizens will be assessed a county property tax AND a city property tax while at Girls State. These mandatory taxes were passed by previous sessions of the ALA MGS General Assembly and will total exactly \$3.00 in US currency. This money will be used to award a scholarship to the newly elected Governor and a scholarship for the citizen selected as "Outstanding Political Citizen." Please bring \$1 bills with you for these taxes. The ALA MGS Shoppe will not be able to make changes.
2. Optional Donation: Monetary donations or an item from the Wishlist for Veterans Community Project (American Legion Auxiliary Department President's Project for 2025).
3. Pictures & ALA MGS Media: For \$20.00, we offer an ALA MGS media pass that includes pictures from the week's activities, links to captured media, and all 16 City pictures. Information about purchasing a media pass is available closer to the session via our website and "ALA MGS Memo: The MO You Know" email.
4. ALA MGS Shoppe: Citizens can bring money for personal use in the Shoppe. Listed below are some of the prices of items for sale (subject to change). The Shoppe will sell ALA MGS merchandise as well as toothbrushes, toothpaste, an assortment of personal hygiene products, pens, pencils, notebooks, etc. The ALA MGS Shoppe, which is located in the Spellmann Center, accepts cash, checks, debit, and credit cards for purchasing ALA MGS apparel and merchandise.

Short-Sleeved T-shirts \$15.00 - \$20.00	Bottled Sports Drinks \$2.00
Long-sleeved T-shirts \$20.00 - \$30.00	Candy Bars/Chips \$1.00 - \$2.00
Sweatshirts \$25.00 - \$40.00	Bottled Water \$1.00

### 5. City Activities

**\*\*City Activities**: Each city can coordinate its own activities toward the end of the week for which their city counseling staff and/or house mom can purchase items. We will not provide funds/supplies for any city activities. A good plan for this is \$1-\$2 per person.

**\*\*City Billboard/Decor**: Citizens often wish to purchase extra items to beautify their city. Each city will need to decorate its city for the Model City competition. The citizens often pool their money to cover the cost of any extra items they wish to include. The cost can vary depending on the city's theme, but plan for \$1-\$2.

***In summary, we suggest approximately \$10 in \$1 bills to cover taxes and City Activities.***

***Merchandise, snack, and media link purchases are at your discretion, but \$50 was the reported suggested amount to bring from the feedback of past sessions.***

## Dress Code

The American Legion Auxiliary, Missouri Girls State program has adopted the following guidelines for the dress code of all citizens and staff in attendance. The dress code is not intended to deter individuality or creativity but rather to teach executive presence and prepare all citizens for professional dress experiences in the future. Please be mindful of the dress code policy and plan accordingly for your session at ALA MGS.

At all times, two straps (of any width) **must** be present on tops and dresses. All citizens and staff should ensure that when their arms are rested at their sides, the hemlines of skirts or dresses reach their fingertips. Citizens and staff of ALA MGS may not wear clothing that is sheer or see-through, exposes the midriff, or includes low cuts, cut-outs, halter tops, or crop tops.

### **DAYTIME DRESS CODE - CASUAL**

During the daytime, we observe a casual dress code. Citizens may pack any comfortable clothing that they would wear to school or on a typical day at home. This may include shorts, jeans, leggings, t-shirts, athletic wear, skorts, dresses, tank tops, ball caps, and more. We encourage citizens to dress in what is comfortable for them! Citizens must plan to travel across campus and be in various warm and cold environments inside academic buildings. Citizens must always wear shoes outside their dorm room but are welcome to wear sandals, tennis shoes, etc., throughout the day. It is strongly encouraged that citizens bring a sweater or jacket with them when they travel around campus during the day. Citizens and staff should be mindful of the hemlines on all skirts and dresses. Throughout the week, citizens can participate in athletic activities (specifically on Monday, Tuesday, and Thursday mornings). Citizens wishing to participate should bring athletic wear and tennis shoes. Any athletic tops worn must cover the midriff.

### **EVENING/STAGE DRESS CODE - BUSINESS CASUAL**

During our evening assemblies, we ask all of our citizens and staff to display a more professional look in their attire. Any citizen or staff member appearing on stage (even during the daytime) is expected to follow this dress code. Citizens and staff will follow the evening/stage dress code on Sunday, Monday, and Tuesday evenings. It is suggested that each citizen and staff member bring at least one extra outfit for the evening/stage dress code if they are asked to be on stage **(a total of 4 business casual outfits)**.

- For the evening/stage dress code, citizens and staff are asked to follow business casual dress. This includes dress pants, khakis, colored denim, skirts, dresses, blouses, blazers, pantsuits, jumpsuits, and other similar ensembles. Citizens may wear shoes of their choice (flats, heels, sandals, etc). Please note that walking barefoot indoors or outdoors is prohibited, so only sensible footwear should be worn.
- All citizens and staff should ensure that when their arms are rested at their sides, the hemlines of skirts or dresses reach their fingertips. Tops and dresses must have two straps (of any width); strapless and halter styles are not permitted. Undergarments, including bra straps, should not be visible.
- **For the evening/stage dress code, citizens and staff may not wear blue jeans, rompers, or shorts of any style.** Black or colored denim is permitted, provided it is not distressed and is free from holes and rips. Denim jackets are permitted.
- If you intend to run for a statewide position (including ALA MGS House of Representatives and Senate), pack one additional outfit that fits in evening dress code guidelines. Members of the General Assembly are required to cover their shoulders on their excursion to Jefferson City. See the Additional Tips section of this policy for more guidance.

## **INAUGURATION DRESS CODE - BUSINESS CASUAL & ALL BLACK**

On Friday evening, we conclude our governmental activities with an inauguration for the newly elected statewide officials. During this evening, all citizens and staff will wear **ALL BLACK** business casual attire to this formal ceremony. This event aims to create a uniform look among all program participants.

Citizens and staff must wear an **all-black** dress, suit, skirt and blouse, pants and blouse, or other appropriate **solid black** business-casual ensemble. Shoes should be black, neutral, or muted colors, and all accessories should be minimal or understated. To maintain uniformity among citizens and staff, brightly colored accessories and footwear should not be worn. Citizens and staff should be mindful of the hemlines on all skirts and dresses. Midriffs may not be exposed.

## **ADDITIONAL TIPS AND GUIDELINES**

- Following your arrival at ALA MGS on Saturday, we will have outdoor activities available. Please ensure you have comfortable athletic clothing and tennis shoes for the activities you participate in. All citizens will also have the option of relaxing and hanging out during this time.
- While we know your evening dress code outfits will likely include nicer shoes, please remember comfort = key! You will be walking distances in your nicer shoes, and you will not be excused from walking distances due to blisters.
- On Thursday, newly elected members of the General Assembly, including Senators, Representatives, and select General Assembly staff, will follow the evening/stage dress code for their trip to Jefferson City. To comply with the dress code for females as outlined in the Missouri legislature, **all members of the General Assembly and their staff will be required to cover their shoulders when visiting the House and Senate chambers of the State Capitol. Spaghetti straps and tank top styles may not be worn without a jacket or cardigan while in the House and Senate chambers.**
- Wednesday evening is a casual evening for the talent show. Citizens and staff are not required to follow the evening/stage dress code. Many choose, but are not required, to express their ALA MGS spirit with new apparel from the ALA MGS Shoppe!
- Patriotism is a key component at ALA Missouri Girls State! Throughout the week, we welcome Americana-themed accessories and red, white, and blue attire.



## Arrival at Missouri Girls State

Registration is from 12:30 pm to 3:30 pm in your assigned residence hall at Lindenwood University, and the first meeting will begin at 4:00 pm. On Friday, June 20th, you will receive an email with your assigned residence hall. This will allow you to check in at your specific residence hall. We will also be able to assist you upon arrival if you do not know your assignment.

From Interstate 70, take Exit 228 at Missouri Highway 94 East/South 1st Capitol Drive. Continue Northeast on 1st Capitol Drive. Travel past Tompkins Street (by Auto Zone) and take the next left at 1st Capitol Drive to enter the Lindenwood University Campus. Follow the road past the Library and Academic Resource Center and turn right on John Weber Drive. You will then turn left and park in the parking areas between Blanton Hall, Rauch Memorial Hall, Calvert Rogers Hall, and Guffey Hall to travel to your assigned residence hall.

Once you reach the campus, be sure to look for and follow signs specifically for ALA MGS. Once you have parked in the above-mentioned parking lot, you may unload your luggage and check in to your residence hall with your city counselor.

### At Registration, ALA MGS citizens will turn in:

- Health Form and Release of Liability
  - Situations requiring special attention must be reported in the pre-session survey.
- ALA MGS Program Policy Form– signed by citizen and parent/guardian

### OPTIONAL:

- If applying for Girls Nation, you will submit your Girls Nation bill and cover page to [alagirlsnation@missourigirlsstate.org](mailto:alagirlsnation@missourigirlsstate.org) by Thursday, June 19th. If you cannot type your bill or have no computer access to email it, you'll need to bring one (1) handwritten copy of your Girls Nation bill or resolution to registration.
- Monetary Donation or Wishlist item to Veterans Community Project (see letter from ALA President, Department of Missouri, Shanna Jelinek for more information)

Upon Registering at ALA MGS, citizens will receive:

- Name Tag with lanyard – must be worn at all times
- City assignment and their room assignment

After going through registration, the citizen may not leave the campus for any reason. If you will arrive to Lindenwood after 3:30 pm due to any emergency, please contact the ALA MGS phone number at 628-252-6471.

ALA Missouri Girls State will not provide lunch to citizens on Saturday, June 21st. You may bring food with you to eat for lunch (no microwaves or refrigeration will be available). Our first table meal in the Spellmann dining center will be dinner on Saturday evening around 6:30 pm. Please plan to eat lunch with this time in mind.

## **What Not to Bring to ALA MGS**

Do not bring any campaign materials of any kind – blank or printed. This includes markers, scissors, glue, crayons, streamers, poster boards, etc. You will purchase these items with ALA MGS Bucks, which will be provided. This gives equal opportunity to all. You will be disqualified from running for office if you do not abide by these rules.

Lindenwood University is a tobacco-free campus. Failure to comply with the University's policy will result in immediate dismissal from ALA MGS. Citizens, Counselors, and Staff should also not bring any form of illegal substances with them to the session. Doing so will result in automatic dismissal from the program.

## ALA MGS Packing List

### Bedding

- Sheets (twin/twin xl)
- Blanket/comforter
- Pillow(s)

### Personal Care Items

- Hand soap for bathroom  
*Note: none is provided*
- Body wash/soap
- Shampoo and conditioner
- Toothbrush, toothpaste, floss
- Brush/comb
- Styling tools (if desired)  
such as flat iron, hair dryer, etc.
- Hand towels
- Bath towels
- Washcloths
- Bath Mat - *bathroom floors are tile and we don't want you to slip!*
- Deodorant
- Feminine hygiene products
- Sunscreen and bug spray  
*Note: some meetings may be held outdoors*
- Prescription medication (*if needed*)
- Reusable water bottle

### School Supplies

- Backpack or other bags to carry schedule and manual
- 3 ring binder
- Notebook paper
- Pens & pencils
- Stationary & stamps (optional)

### Clothing and Shoes

Bring enough clothing for the week - no laundry services will be available. Remember, it is June in Missouri, and you may want a few extra pairs of clothing due to the heat and/or rain.

- Casual clothes for every day
- At least 4 business casual outfits  
*Note: if planning to run for office, bring at least 1 extra outfit*
- 1 all-black business casual outfit
- Athletic clothing for Saturday night activities
- Optional: Clothing for athletics - *no sports bras as tops*
- Comfortable shoes for daily activities
- Comfortable business casual shoes that are **not** heels - *Note: there is a lot of walking!*
- Lightweight jacket for cool weather
- Umbrella or raincoat
- Hangers - *Note: none provided*
- Optional: shower shoes

### Miscellaneous

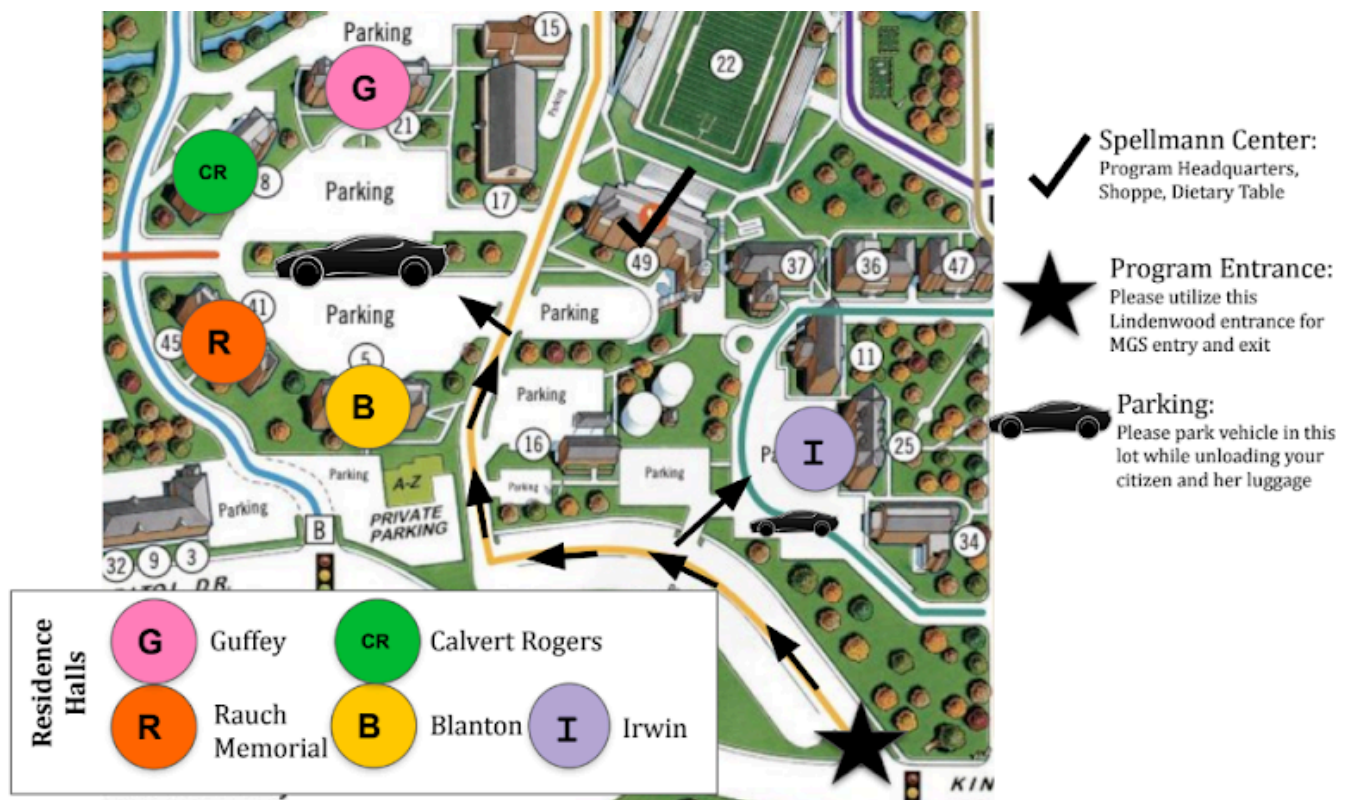
- Talent show props (if you have already submitted or are turning in an audition) such as tap, ballet, pointe shoes, baton, flags, props, music, etc.
- Credit card, check, or cash for apparel or merchandise you wish to purchase in the Spellman Center ALA MGS Shoppe
- \$3 US dollars for taxes
- OPTIONAL** donation item for VCP
- OPTIONAL** instrument to participate in the ALA MGS band
- RECOMMENDED** \$10 total for taxes and optional city activities

## Lindenwood University Maps

A map of Lindenwood University is provided in this packet. To view driving instructions and an interactive map of Lindenwood, please visit their website at <https://www.lindenwood.edu/about/our-campus/campus-map/>

### Map for Arrival and Departure Day

Map is also available as a full size image on the "25 Session Info" page of our website.



# LINDENWOOD UNIVERSITY CAMPUS MAP



- 1 Athletics Building
- 2 Ayres Hall
- 3 Barnes & Noble
- 4 Baseball Locker Room
- 5 Blanton Hall
- 6 Butler Hall
- 7 Butler Library
- 8 Calvert Rogers Hall
- 9 Campus Operations
- 10 Chargene Housing
- 11 Cobbs Hall
- 12 Cultural Center (LUCC)
- 13 Eastlick Hall
- 14 Evans Commons
- 15 Field House
- 16 Fiscal Affairs & Business Office
- 17 Fitness Center (for men & for all ways)
- 18 Flowers Hall
- 19 Glenco Residential
- 20 Grounds Department
- 21 Griffey Hall
- 22 Harler C. Hunter Stadium
- 23 Harmon Hall
- 24 Hyland Arena
- 25 Irwin Hall
- 26 J. Scheidegger Center
- 27 Library & Academic Resources Center
- 28 Linden Lodge
- 29 Linden Terrace Residential
- 30 Lindenwood House
- 31 Low Brock Sports Complex
- 32 Maintenance Office
- 33 Mathews Hall
- 34 McCluer Hall
- 35 Memorial Arts Building
- 36 Nicolls Hall
- 37 Parker Hall
- 38 Pavillion
- 39 Pfremmer Hall
- 40 Pickleball Courts
- 41 Rauch Memorial Hall
- 42 Reynolds Hall
- 43 Rosmer Hall
- 44 Sand Volleyball Courts
- 45 SCAT Bus Stop
- 46 Science Building
- 47 Sibley Hall
- 48 Softball Locker Room
- 49 Spellmann Center
- 50 Student-Athlete Center
- 51 Stumberg Hall
- 52 Tennis Complex
- 53 Track and Field/Grandstands
- 54 Warner Hall
- 55 Young Hall

## ENTRANCES

- A Alumnae Gate
- B Barnes & Noble Entrance
- C Eastlick Gate
- D First Capitol Gate
- E Patma Entrance
- F Roemer Entrance
- G West Clay Entrance

## CAMPUS STREET NAMES

- James Butler Way
- Mary Easton Circle
- Fine Arts Drive
- Lion's Pride Parkway
- Find Your Roar Drive
- Lion's One Roar Drive
- Mary Sibley Drive



Linden Lodge  
 (See 11 schedule  
 at 4:45 PM,  
 1 mile away  
 from campus.)

## Code of Conduct

*The following code of conduct was acknowledged by each applicant and their parent/guardian via our online application process. Please review it and send any questions you may have to [director@missourigirlsstate.org](mailto:director@missourigirlsstate.org).*

### American Legion Auxiliary Missouri Girls State 2025 Code of Conduct

**Expectations of the American Legion Auxiliary Missouri Girls State Citizen** *Upon completion of the online application process required by the American Legion Auxiliary (ALA) Missouri Girls State (MGS) program, I acknowledge following the expectations and rules outlined in the Code of Conduct below:*

1. I acknowledge I am participating in a program focused on democratic process, government, patriotism, and Americanism at my own will. I agree to participate in expected activities during the week. If an activity causes me concern or distress, I will speak to an ALA MGS counselor or staff member about an alternate way to participate.
2. I acknowledge I am representing my school and hometown at ALA MGS as well as the sponsor who assists by funding my citizen experience at the ALA MGS program.
3. I acknowledge I must attend an orientation prior to June 11, 2025, or I forfeit my position at ALA MGS.
4. I acknowledge I will have completed my **junior** year of high school by the session's start date. I also agree that I have at least one semester remaining of my high-school career.
5. I understand that I will be expected to remain on campus during the duration of the 2025 session of ALA MGS which begins the afternoon of June 21st and concludes mid-morning on June 28th.
6. While I will not be required to agree or understand all beliefs or views of my fellow ALA MGS citizens, I acknowledge that I will be asked to treat everyone with respect. I acknowledge that I will speak to my ALA MGS city counseling staff, county counselor, or any other staff member of both ALA MGS and MBS programs if I am not comfortable in a situation at ALA MGS.
7. I agree to abide by the following regulations for safety of all participants, counselors, and staff of ALA MGS:
  - a. I will travel throughout campus only when given explicit permission by an ALA MGS staff member or counselor. At all times, I will travel with at least one other ALA MGS citizen, staff member, or counselor. I will not attempt to leave my assigned dorm after 10 p.m. for any reason without verbal permission from my counselor or another ALA MGS staff member. I understand that ALA MGS has implemented such precautions for my physical safety on campus, and I understand that such a policy aligns with my responsibility to assist ALA MGS in creating a safe and secure atmosphere where every ALA MGS citizen, counselor, and staff member is accountable to one another.
  - b. I will wear my identification badge at all times when I am not in my dorm room. I also will wear shoes at all times when I am not in my dorm room.
  - c. I will not operate any automobile or other form of non-pedestrian transportation while at ALA MGS. If I drive myself to ALA MGS, I agree to surrender my keys to the Missouri State Highway Patrol during the week of ALA MGS.
  - d. I will not bring, possess, or obtain firearms, fireworks, liquor, drugs, tobacco products (including eCigarettes, vapes, nicotine pouches, or like products), CBD products, or any other substance declared to be illegal under the Missouri Revised Statutes or the United States Code.
  - e. I will not smoke anywhere on the campus (including residence hall and other campus building restrooms). This includes cigarettes, eCigarettes, vapes, or similar products.
  - f. I will not steal, deface, or destroy ALA MGS property, the property of another participant, or the property of the host University.
  - g. I will not participate in any self-harming acts or threaten an act of harm to myself or others while at ALA MGS.
  - h. I agree to abide by all safety precautions in place due to the nature of communicable diseases, viruses, and bacterial infections, and I acknowledge that the purpose of any such safety measures is to ensure the physical safety of all ALA MGS citizens and staff. If I choose not to abide by the regulations put in place, I understand that I may be sent home.
8. I agree to abide by the following regulations regarding respect of all participants, counselors, and staff of ALA MGS:
  - a. I will not prevent any other participant, counselor, or staff member from participating in the program.
  - b. I will not use my cell phone during formal meetings, assemblies, or my selected school of instruction without direct permission from a staff member. I understand my cell phone will be confiscated upon causing disruptions to the educational goals of the planned program activities.
  - c. I will not engage in offensive conduct, which includes, but is not limited to, the following: boisterous or rowdy conduct; using lewd, profane, or obscene language; or possessing obscene pictures or printed materials.
  - d. I will not violate the rules of common courtesy, decency, and respect, in my relationship with another citizen or members of the ALA MGS staff, MBS staff, University staff, or visiting speakers and guests. I will conduct myself in an orderly manner, and at all times, practice good self-discipline.
  - e. I agree I will not participate in any act of bullying or harassment. For purposes of this policy, harassment and bullying are defined as intimidation or harassment of a citizen or multiple citizens perpetuated by individuals or groups. Bullying includes, but is not limited to: physical actions, including violence, gestures, theft, or damaging property; oral or written taunts, including name-calling, hate speech, put-downs, extortion, or threats; or threats of retaliation for reporting such acts.
  - f. I will follow all rules, ordinances, and statutes of the government of ALA MGS; and shall cooperate with all duly elected or appointed MGS officials.
  - g. I will honor the purpose of the ALA MGS program in all of my actions during the week of ALA MGS. My responsibilities include, but are not limited to: respecting the authority of the ALA MGS counseling staff in pre-session orientations and during the session; and cooperating with requests made by all figures of authority, including the ALA MGS counseling staff and University officials, to benefit

- the goals of the program and to respect the host institution.
- h. I will be prompt for scheduled activities and events of the ALA MGS program.
  - i. I will show respect for the ceremonial events and procedures of ALA MGS including being present at all flag raisings and lowerings and standing during the openings of assemblies (this includes the pledge, national anthem, and invocation/inspirational message).
  - j. I will have my binder that contains my manual, schedule, and other ALA MGS material at all times, unless instructed otherwise.
  - k. I will care for my belongings and clean up after myself in the dorm and any other areas of the University campus.
  - l. I agree to abide by the instructions of my counselor or ALA MGS staff member for lights out each evening. This includes being quiet and in my assigned room at this time.
  - m. I understand that ALA MGS and Missouri Boys State are hosted on the same campus during the same week, and I understand that there are planned opportunities for citizens to interact and learn alongside one another. I agree that I will not promote or participate in interactions between programs without explicit permission, direction, and supervision of ALA MGS Staff.
9. The American Legion Auxiliary Missouri Girls State program has an adopted Sexual Harassment Policy. I agree to report any incidences outlined in this policy to a designated staff member or counselor in order for appropriate action steps to be taken.

I understand that if I cannot abide by the expectations set forth in the Code of Conduct, I am subject to dismissal from the ALA MGS program immediately. Any behavioral choices I make that result in my dismissal will be shared with my sponsoring organization and high school. I also may be required to repay the \$500 program fee to my sponsoring individual(s) or organization(s).

**Expectations of the Parent/Guardian of the ALA MGS Citizen** *Upon signing the printed application required by the ALA MGS program, I acknowledge following the expectations and rules outlined in the Code of Conduct below.*

1. I agree to support the program goals and ideals of ALA MGS. I will support my citizen's attendance during the week of ALA MGS and encourage her to participate fully in program activities and events.
2. I agree to provide personal transportation for my citizen to and from ALA MGS unless notified that transportation has been confirmed for my citizen.
3. I acknowledge my citizen must attend an ALA MGS orientation prior to June 11, 2025. Failure to complete this requirement will result in her dismissal from the program.
4. I understand any behavioral action resulting in my citizen's possible dismissal from the program would require me to pick my citizen up from the host site at the ALA MGS Headquarters immediately.
5. I understand that my citizen must be picked up within 1.5 hours of the close of the session. Failure to comply with this regulation will result in my citizen being released to the local Police Department and/or the Missouri State Highway Patrol.
6. I understand that my citizen is participating in a large group setting and may be exposed to a variety of communicable diseases, viruses, and bacterial infections. While the ALA MGS program will ensure manageable procedures and/or precautions to prevent the spread of such diseases, viruses, and infections, I understand that my citizen is ultimately responsible for following these procedures or precautions. Events where visitors, including parents and family members, may be limited in various situations due to these circumstances.

I understand if I cannot abide by the expectations set forth in the Code of Conduct, I am forfeiting my citizen's opportunity to attend ALA MGS.

## Model City

### Model City Qualifications:

1. Active participation from all citizens at ALA Missouri Girls State.
2. Behavior, citizenship, and participation from citizens during assembly, class, etc.
3. City budget completion.
4. City beautification inspections.
5. Promoting & supporting businesses within your city.
6. City chants, mascots, motto, banners, etc.
7. Activity in the Missouri Girls State Court Systems, local, county or state level.
8. Activity in social media, campaigns, MGS Broadcast, Newspaper, etc.
9. Participation in your county government.
10. Participation in the State Fair.

*\*\*\*Model City is an award for a city at the end of the week. Still, a city will be announced at a daily assembly to be designated as the Spirit City of the day based on the city's participation and efforts each individual day.*

## Parks and Rec

### Checklist for Parks and Rec:

- \_\_\_ Give City Sanitation Material to City Sanitation Director
- \_\_\_ City Entry in City Beautification Project
- \_\_\_ Encourage your citizens to participate in the Creative Arts activities
- \_\_\_ Turn in the daily checklist on time (City Sanitation Director can assist you with this)
- \_\_\_ Get the spirit going in your city...make sure everyone is included in activities
- \_\_\_ Participation in Service Project(s)



## Campaign Rules

1. No campaign materials can be brought from home. All campaign materials must be purchased in the Campaign Store using ALA MGS Bucks.
2. Never mark, tear, or deface another citizen's campaign materials.
3. Sidewalk chalk is to be used on the sidewalk only. Do not use it on the building or other surfaces
4. Use masking tape only. This is a Lindenwood University Rule. Scotch tape will take the paint off the walls.
5. Campaign posters or decorations may be attached to your lanyard OR worn as a sandwich over your body (poster on each side tied with string).
6. No campaign pamphlets, cards, posters, etc., can be left in the dining facility, including on tables. Sandwich boards must be removed when you are in class or in an assembly.
7. Campaign posters and signs can be placed in any of the four dorm lobbies or stairwells. No campaign materials can be affixed to surfaces outside of the dorms except for on any lanyard or as a sandwich board (noted on campaign rule 5) or marked with chalk on outside sidewalks.
8. You are responsible for taking down any campaign material that you put up as soon as election results are announced.
9. You cannot campaign for City, County, or General Assembly positions until your name has been filed for the ballot. This is done via the forms you complete at the city and county level.
10. Campaigning is suggested when running for a Statewide Office (Governor, State Auditor, Secretary of State, etc.). On the opening day of the session, instructions and guidance will be provided to all citizens about available campaign materials and the filing process, which opens on Monday morning.
11. Any other issues will be addressed from this stage on.
12. Campaign Store prices are high to encourage citizens to work together to purchase supplies (pool their money, ask for campaign donations, etc).

## **Samsung Scholarship**

One (graduating class of 2025) American Legion Auxiliary Missouri Girls State citizen will be selected for the Samsung Scholarship. Scholarship applications are limited to students who are a direct descendant - i.e., child, grandchild, great-grandchild, etc. - or a legally adopted child of a wartime U.S. military veteran who served on active duty during at least one of the periods of war officially designated as eligibility dates for American Legion membership. Those dates are available at <https://www.legion.org/faq>. Applicants who are direct descendants of Korean War Era Veterans (June 25, 1950 to Jan. 31, 1955) will receive three bonus points. Applicants who are junior American Legion Auxiliary members and upload a copy of a current membership card will receive a bonus point. A bonus point may also be awarded by uploading a parent's current membership card to The American Legion, American Legion Auxiliary, or The Sons of The American Legion. No more than one bonus point for Legion Family membership will be awarded per application.

Scholarship applicants must complete and submit their online application before 11:59 pm (local time) on Day 1 of their American Legion Auxiliary Girls State program (June 21, 2025). All applications must be submitted using the online application system and may not be modified after the due date or given a deadline extension under any circumstance. The American Legion Auxiliary Missouri Girls State Samsung Scholarship winner will receive \$1,250 guaranteed. The winner's application will also be forwarded to the American Legion national headquarters to compete against winners in other states for scholarships up to \$10,000.

Any questions regarding the Samsung Scholarship should be directed to the Samsung Coordinator at [samsung@missourigirlsstate.org](mailto:samsung@missourigirlsstate.org).

Samsung American Legion Scholarship Link: <https://www.legion.org/scholarships/samsung>.



### **Required Paperwork to be turned in at ALA MGS Registration**

1. ALA MGS Health Form and Release of Liability (2 pages – please copy front/back or staple)
2. ALA MGS Program Policy Form (2 pages – please copy front/back or staple)

***Please ensure that each document is signed by both the ALA MGS Citizen and parent/guardian and these two documents are kept separate from one another.***

### ALA Missouri Girls State 2025 - Health Form and Release of Liability

Citizen's Name (Printed): \_\_\_\_\_ Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Social Security Number: \_\_\_\_\_ Citizen's School: \_\_\_\_\_

**Parent/Guardian #1**

Name Printed: \_\_\_\_\_  
Day Phone: (\_\_\_\_) \_\_\_\_\_ Evening Phone: (\_\_\_\_) \_\_\_\_\_ Cell: (\_\_\_\_) \_\_\_\_\_

**Parent/Guardian #2 (if applicable)**

Name Printed: \_\_\_\_\_  
Day Phone: (\_\_\_\_) \_\_\_\_\_ Evening Phone: (\_\_\_\_) \_\_\_\_\_ Cell: (\_\_\_\_) \_\_\_\_\_

**Part I: Dietary**

Dietary Restrictions or Preferences (including gluten-free, diabetic, food allergies, etc.) should be reported via your pre-session survey in the app before June 1, 2025, so arrangements can be made with food services. Vegetarian options will be available for all citizens at all meals and do not need to be reported to first aid. Any citizen with dietary restrictions or preferences [including vegetarians] should also stop and sign in with the dietary table at Lindenwood's Spellmann Center during registration to ensure that her needs are met.

Does the citizen named above have any dietary restrictions or preferences? YES or NO

**Part II: Medication**

All prescription medications brought to ALA MGS must be in the original container with directions on the label attached. The individual citizen will hold all prescription medications, and the citizen may not provide any medication to another program participant, counselor, or staff member.

List any prescription medications and the dosage that the citizen named above may take while attending ALA MGS:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Some over-the-counter medications such as acetaminophen, tums, and allergy medication will be available for purchase in the ALA MGS Shoppe if the citizen needs them. A citizen may choose to bring their own over-the-counter medication with them, but may not distribute their own medications to anyone else.

**Part III: Other Medical Information**

Please read the medical conditions listed below and answer YES or NO to each. If you answered YES to any, please explain the condition/diagnosis on the lines provided below.

Presence of:

Diabetes \_\_\_\_; Heart Problems \_\_\_\_; Recent Surgeries \_\_\_\_; Recent injuries \_\_\_\_; Epilepsy \_\_\_\_; Drug Problem \_\_\_\_; Emotional Problems \_\_\_\_; Asthma \_\_\_\_; Spastic Colon \_\_\_\_; Ulcer \_\_\_\_; Sinus Trouble \_\_\_\_; Lung Trouble \_\_\_\_; Ear Trouble \_\_\_\_; Skin Rash \_\_\_\_; Allergies \_\_\_\_

Please provide any additional information here regarding medical conditions of the named citizen:

---

---

---

\*\*\*If you answered "Yes" to any of the mentioned medical health conditions, please notify our staff at [health@missourigirlsstate.org](mailto:health@missourigirlsstate.org) as soon as possible so arrangements can be made so we can best accommodate the citizen. Issues requiring special attention need to be reported to ALA MGS by June 1, 2025.\*\*\*

Are there any other special instructions needed should your citizen need to see a physician or need emergency care while attending ALA MGS?

---

---

---

Please leave an insurance card with the citizen at ALA MGS. If this is not feasible, please attach a copy of the front and back of your insurance card to this form.

**The undersigned parent/guardian of (Citizen Name) \_\_\_\_\_ in consideration of the instruction and training to be given to said citizen at ALA MGS, does hereby release and discharge the American Legion Auxiliary Department of Missouri, its officers, agents, instructors, and employees from all claims, demands, suits, actions, and causes of action which she may, can or shall have because of any illness, injury, or accident incurred or suffered by said citizen while at ALA MGS no matter how caused or occasioned. I hereby give consent for emergency medical treatment.**

Parent/Legal Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

COMPLETE THIS FORM AND BRING IT TO REGISTRATION. This form will be shredded after the session.

Revised 4/13/25.

## American Legion Auxiliary Missouri Girls State 2025 Program Policy Form

This form is to be completed by the American Legion Auxiliary (ALA) Missouri Girls State (MGS) Citizen and/or Parent/Guardian. No ALA MGS Citizen will be admitted without this completed and signed form. Please be sure to bring it with you when registering at ALA Missouri Girls State.

### General ALA MGS Citizen Information (Please Print Legibly)

First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_ Last Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email Address: \_\_\_\_\_

### Part I: Academic Honesty

A violation against academic honesty committed by an ALA MGS Citizen (hereinafter referred to as “student”) is any act that would deceive, cheat, or defraud to promote or enhance one’s academic standing. Academic dishonesty also includes knowingly or actively assisting any person in committing an offense of academic dishonesty.

Examples of offenses against academic honesty include, but are not limited to, the following:

1. Plagiarism – Plagiarism is defined as the borrowing of ideas, opinions, examples, keywords, phrases, sentences, paragraphs, or even structure from another person’s work, including work written or produced by others, without proper acknowledgment. “Work” is defined as theses, drafts, completed essays, examinations, quizzes, projects, assignments, presentations, or any other form of communication on the Internet or in any other medium or media. “Proper acknowledgment” is defined as the use of quotation marks or indenting plus documentation for directly quoted work and specific, clearly articulated citations for paraphrased or otherwise borrowed material.
2. Cheating – Includes, but is not limited to, those activities where a student:
  - a. obtains or attempts to obtain preknowledge content of an examination;
  - b. copies someone else’s work;
  - c. works in a group when the student has been told to work individually;
  - d. uses unauthorized reference material in an examination;
  - e. has someone else take an examination;
  - f. has someone else completed coursework and/or an examination using a student’s secure login and passcode.

The academic honesty policy utilized at Missouri Girls State parallels the policy enforced by Lindenwood University.

### Part II: Student Information Authorization

We, the student and custodial parent(s) (hereinafter collectively referred to as “we”) authorize Lindenwood University, in accordance with the Family Educational Rights and Privacy Act (FERPA), to release pertinent educational files, including assignments, test scores, college credit availability and grades to the ALA Missouri Girls State Director, Dean of Counselors or Dean of Operations or any of their designated representatives (collectively known as “Girls State Staff”). We further understand this does NOT apply to medical or psychological records in accordance with HIPAA regulations. If we decide to revoke this authorization, at any time, we understand we must inform Lindenwood University in WRITING of this request.

### Part III: College Credit

We, the student and custodial parent(s) (hereinafter collectively referred to as “us”) authorize Lindenwood University to contact us via email and/or physical mailing with regard to University credit after the student has been verified as eligible based on her completion of the requirements prescribed in the syllabus. The same contact information (email and physical address) will be shared with other Universities and colleges on the program’s mailing address for the ALA MGS program to share program completion verification for scholarship eligibility.

**Part IV: Publication Authorization**

We authorize American Legion Auxiliary Missouri Girls State (hereinafter referred to as "ALA Missouri Girls State"), its agents, employees, staff, publishers, television and/or newspapers, or any other person or organization designated by ALA Missouri Girls State, to use the student's likeness (whether photograph, still or motion picture or sound recording), and the student's name, in any manner, appropriate to the work of ALA Missouri Girls State. We further agree that ALA Missouri Girls State may request certain broadcast stations or news media (such as LU-TV of Lindenwood University), to cover part or all of the activities of ALA Missouri Girls State. This release and authorization shall apply to any such broadcast station or news media organization and to their purchases or users of their products, educational and otherwise. We understand that we will receive no compensation for such use now or in the future and waive any claim or right, actual or implied, to such compensation.

I hereby state that I am a parent or legal guardian having custody of \_\_\_\_\_,  
born on \_\_\_\_\_ and that I have read the above statements and hereby  
consent and agree to such authorizations.

Parent/Guardian Printed Name: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

ALA MGS Citizen Printed Name: \_\_\_\_\_ Date: \_\_\_\_\_

ALA MGS Citizen Signature: \_\_\_\_\_

## American Legion Auxiliary Girls Nation



William Bolger Center in Potomac, Maryland

July 19-26, 2025

<https://www.alaforveterans.org/ala-girls-nation/>

Two citizens from every Girls State program will be selected to represent their state at the American Legion Auxiliary Girls Nation (ALA GN). These ALA MGS representatives will be known as "senators" at ALA GN.

At ALA GN, senators learn the importance of the individual in a democratic national government by participating in its functions. Missouri's two senators will present a single bill (or resolution) to introduce in one of the daily Senate sessions. Success at ALA GN depends on having a strong bill or resolution, debating proposed legislation, and connecting with the other senators. The senators also spend time sightseeing, representing the American Legion Auxiliary and ALA GN at functions, and meeting influential members of our government. Attending ALA GN is a tremendous achievement, full of once-in-a-lifetime opportunities. The Girls Nation Selection Process is not solely for citizens who have participated in Speech and Debate or any form of competitive speech. We encourage all citizens to apply regardless of your high school experiences!

### **PROGRAM GOALS**

- To develop leadership and pride in American citizenship.
- To educate participants about our system of government.
- To instill in participants a greater understanding of American traditions.
- To stimulate a desire to maintain our government processes.

The American Legion Auxiliary completely funds the ALA GN program. Expenses provided include airline travel, lodging, meals, and all shuttles. The two senators selected must be able to travel alone. ALA GN staff will meet all senators upon their arrival and escort them to the airport at the end of the week to depart home. Your only expenses will be any souvenir purchases you choose to make.

Every young woman attending this session of ALA MGS is eligible for ALA GN. Still, to be considered, potential candidates must prepare a nationally focused bill or resolution before arriving at ALA MGS. The pool of



candidates for ALA GN will be chosen based on the best of the presented bills or resolutions. To be selected, your bill or resolution should be one of the best for Missouri and potentially one of the best in the country.

### **What you need to be a candidate for ALA GIRLS NATION**

Before arriving at ALA MGS, write a one-page bill or resolution for ALA GN that has a national, not state-level, focus. Your proposal must be constitutional and consistent with the powers afforded to the federal government, or it will not be acceptable. You may propose a resolution (simple, joint, or concurrent), a new law, amend an existing one, or repeal an existing one.

- Examples of Federal vs. State Issues
  - Federal: minimum wage, election and campaign regulation, foreign affairs, regulation of the industry, declarations of war, environmental issues, entitlement programs
  - State: criminal penalties, death penalty, adoption regulations, prisons, school curriculum, incorporation of business firms, transportation
- The U.S. Senate does not address taxation, and thus, ALA GN bills should not address taxation.

A one-page cover sheet must also accompany your Girls Nation legislation to help the GN Committee get to know you. Please complete the questions on the cover sheet fully and to the best of your ability. The cover sheet should be attached to your bill during submission.

### **Your Bill or Resolution's Purpose**

- Choose the purpose of your bill or resolution carefully. Choosing something you feel strongly about and have developed expert-level knowledge is important. Focus on an original, current, unaddressed, and specific problem. Keep it simple, accurate, and free of partisan bias.
- Your bill or resolution should propose a measurable solution that is rational, effective, comprehensive, affordable, and practical. You will be expected to know any costs generated by your bill and how they will be funded, as well as any other possible consequences, positive or negative, that your bill may create.
- Do not submit a bill or resolution that repeats proposed, failed, or existing legislation.
- Know that some emotional and/or social issues can be immediately divisive and may not progress at ALA GN. Still, you are free to write your bill or resolution on any national issue of your choice.

### **How to write your Girls Nation Bill**

- Your bill or resolution should have your full name in the upper right corner and may not exceed one page (front side only). Do not include any other personal information or photos. Current or previous debate cases or briefs will not be accepted.
- A bibliography in MLA, Chicago, or AP format must be included on the reverse of the page, not on a second page. Sources should be sophisticated, varied, and screened carefully for bias, validity, and reliability. The use of primary sources, such as actual legislation, is essential.
- Your document should be in Times New Roman font, 11-point type, and one-inch margins. If necessary, you may handwrite your bill or resolution.
- Format your bill or resolution to match the templates provided in this packet.

- Include the one-page (front and back) cover sheet, with all questions answered, in a single document with your bill.
- As you write your bill or resolution, you may email [alagirlsnation@missourigirlsstate.org](mailto:alagirlsnation@missourigirlsstate.org). We will do our best to provide general assistance, but we may not be able to provide the requested answer to keep the opportunity fair for all applicants.
- Bill submissions must be made to [alagirlsnation@missourigirlsstate.org](mailto:alagirlsnation@missourigirlsstate.org) by Friday, June 20, 2025, at 8:00 pm. Please use the subject line: “Last Name, First Name: Girls Nation Bill.” If you cannot type your bill or cannot access a computer, handwritten bills will also be accepted during registration on Saturday. Bring your bill and research on a flash drive, or ensure that both are accessible via online cloud storage if possible.
- Bills must follow all instructions listed above in order to be considered in the Girls Nation selection process.

### **Research Resources**

U.S. Government Publishing Office—<https://www.govinfo.gov/>

Bills and Resolutions — <http://thomas.loc.gov/home/lawsmade.bysec/formsotion.html>

Department of Commerce — <https://www.commerce.gov/>

For more information on Federal vs. State Issues, <https://tinyurl.com/y7zllkkm>

### **The Interview and Selection Process at ALA MGS**

1. Turn in your bill or resolution via email by Friday, June 20, at 8:00pm., or a handwritten copy at registration on Saturday. We will accept a handwritten copy of your bill or resolution until registration is closed. No late entries will be accepted, and printing onsite from any source will not be possible.
2. The ALA GN Selection Committee will review all proposed bills and resolutions, and a list of sixteen (16) semifinalist candidates will be posted at the entrances of each citizen dormitory at 9:00 PM on Saturday, June 21.
3. Semifinalist Interviews will take place on Sunday morning. At the interview, each candidate will be asked to explain her bill and answer questions the committee prepared.
4. Up to eight (8) candidate finalists will be selected and announced on Tuesday. Finalists may not, under any circumstance, use the fact that she is an ALA GN finalist while campaigning. Failure to abide by this rule will result in immediate disqualification from the ALA GN selection process.
5. The finalists will be brought onstage during the Wednesday morning assembly to answer a question before the entirety of ALA MGS.
6. These finalists will then be called back for a second, more intensive interview, after which the ALA GN Selection Committee will select two senators and two alternates.
7. The Friday morning assembly will announce the two ALA GN senators and two alternates. They will meet Friday afternoon with ALA MGS staff and former ALA GN senators to begin the preparations for ALA GN.
8. The two Missouri senators will submit one bill or resolution to ALA GN staff by the posted deadline.

### **Tips for Success for ALA GN Candidates**

1. Interviews are short, and you are not to bring any notes or reference materials into the interview, but you may have them with you on-site to prepare. Tell us about what makes you unique and why you stand out from every other Girls Nation candidate. Be prepared to defend your bill or resolution. Know far more about the topic than what is on the page, including legislation that may already exist as precedent.
2. Proofread your work. Capitalization, spelling, grammar, and punctuation mistakes may cause rejection.
3. Your work must be your own. You may choose to use ideas from previous experiences, but the work presented must be the result of your research and writing. You must ensure that your bill conforms to ALA GN legislation guidelines. If your work is plagiarized in whole or in part, it will be immediately rejected. But you're a good egg. You know better. When in doubt, source your information.
4. Dress professionally (conservative business casual attire) whenever you are interviewing with the ALA GN Selection Committee or speaking on Friday before the entirety of ALA MGS. Please be cautious of skirts as you will be sitting during the interview, and we cannot guarantee you will have a table in front of you.

Please know that we love selecting our ALA GN senators and **are rooting for you!** The process is designed to choose the citizens who represent Missouri best at ALA GN, and we believe in you. Do not be daunted by these instructions; instead, please understand that we want you to be as prepared as possible so that you can do your very best.

Your Name:

Bill Title:

Describe your bill in your own words. What does it do? Why should others care?

Why did you choose to write this specific bill? Why is this bill needed today?

How does your bill address an original, current, unaddressed, and specific problem? Who are the stakeholders?

How do you stand out from every other candidate?

Your bill or resolution should propose a measurable solution that is rational, effective, comprehensive, affordable, and practical. You will be expected to know any costs generated by your bill and how they will be funded, as well as any other possible consequences, positive or negative, that your bill may create.

**TEMPLATE FOR AMERICAN LEGION AUXILIARY GIRLS NATION BILLS**

**82<sup>nd</sup> American Legion Auxiliary Girls Nation Congress**

S. B. \_\_\_\_\_ (do not fill out; this number will be assigned to you\*)

*Include here a brief description of the bill's purpose.*

IN THE SENATE OF AMERICAN LEGION AUXILIARY GIRLS NATION

Senator [**Your Last Name**] of Missouri introduced the following bill; which was referred to Committee.

**A BILL** (bold and caps, centered)

Include here a brief description of the bill's purpose. (repeat from above)

*BE IT ENACTED BY THE SENATE OF AMERICAN LEGION AUXILIARY GIRLS NATION ASSEMBLED.* (Italics, caps, period)

SECTION 1. TITLE

This act may be cited as the "Insert a short name for the bill here" (for convenience in referencing).

SECTION 2. PURPOSE

The <Insert Title> will <briefly summarize the general objectives of the bill>. (Sometimes, it is combined with the statement of findings)

SECTION 3. DEFINITIONS

(Definitions are frequently provided to clarify some of the terms found in the legislation. They can also help clarify the scope of the proposal. They are sometimes included to minimize the repetitious usage of terms that appear throughout the text of a bill. If there are no definitions, adjust your sections accordingly.)

SECTION 4. <insert title from above>

(This is the main body of the bill. It may consist of any, none, or all of the following components: programs, plans, specifications, details, responsibilities, requirements, and administrative provisions.)

SECTION 5. EFFECTIVE DATE <insert the date the bill goes into effect, often January or July 1 of the year following passage, upon passage, or after a certain time period.>

**TEMPLATE FOR AMERICAN LEGION AUXILIARY GIRLS NATION RESOLUTIONS**

**82<sup>nd</sup> American Legion Auxiliary Girls Nation Congress**

S. R./S. J. R./S. C. R. \_\_\_\_\_ (do not fill out; this number will be assigned to you\*)

Include here a brief description of the resolution’s purpose. (centered)

IN THE SENATE OF AMERICAN LEGION AUXILIARY GIRLS NATION (all caps and centered)  
July 2022

Senator **[Your Last Name]** of Missouri introduced the following resolution.

**A SENATE RESOLUTION/CONCURRENT RESOLUTION/JOINT RESOLUTION** (bold & caps, centered)

Include here a brief description of the resolution’s purpose. (repeat from above, justified left)

NOW, THEREFORE BE IT RESOLVED. (Caps, period)

By the Senate and House of Representatives of the United States of America in Congress assembled  
(two-thirds for each House concurring therein). That...(include the goal of the resolution here)

ARTICLE

SECTION 1. Whereas...\*\*

SECTION 2. Whereas...\*\*

SECTION 3. Whereas...\*\*

SECTION 4. Whereas...\*\*

SECTION 5. This shall become effective DATE <insert the date the bill goes into effect, often January or July 1 of the year following passage, upon passage, or after a certain time period.>

**\*\* You may have as many or as few sections as you need (that can fit on one page). Think of “whereas” as the word “because,” and provide your reasons for the bill and specific implementation details in those sections.**