

American Legion Auxiliary Girls Nation



Each year, two citizens from every Girls State program are selected to represent their state at ALA Girls Nation in Washington D.C. And YOU are eligible to attend!

What is Girls Nation?

The weeklong program serves as an extension of the ALA Girls State program, leaving delegates with a deeper understanding of the fundamentals of the U.S. government, the rights, privileges, and responsibilities of citizens, and a renewed sense of appreciation for our country and veterans.

What happens at Girls Nation? Do I need to pay to attend?

During the week, Girls Nation participates in a mock legislature giving each girl the title of “Senator.” During floor sessions, the Senators connect with their peers from all 50 states and have the unique opportunity to spend time with others who share common interests and different perspectives. There is no experience needed! We encourage everyone to apply, especially those who do not participate in Speech & Debate or mock-trial at their schools.

While in D.C., the senators will tour the city to visit Capitol Hill, historical Washington monuments, the Arlington National Cemetery, and possibly the White House. It is truly a once-in-a-lifetime experience! The ALA GN program is fully funded by the American Legion Auxiliary. Expenses provided include airline travel, lodging, meals, and all shuttles in D.C. If selected, you must be able to travel without a parent or guardian.

How can I attend Girls Nation?

Every citizen attending the 2024 session of ALA MGS is eligible for ALA Girls Nation; however, to be considered, candidates must prepare a nationally focused bill or resolution before arriving at ALA MGS. Your one-page bill or resolution can focus on issues surrounding

minimum wage, election and campaign regulation, foreign affairs and war, or even environmental issues. The list goes on.

Your proposal must be constitutional and consistent with the powers afforded to the federal government. You may propose a resolution (simple, joint, or concurrent), a new law, amend an existing law, or repeal an existing law. All requirements and submission tips are located in your delegate packet!

When do I “apply” for Girls Nation?

Bills and Resolutions are due no later than Thursday, June 20th at 11:59pm CST via email. For anyone who does not have access to a laptop/computer, a handwritten bill or resolution can be turned in during ALA MGS registration on Saturday, June 22 and will be typed for you. The two delegates chosen to represent Missouri at Girls Nation in 2024 will be selected and notified at the end of ALA Missouri Girls State.